

## A STUDY OF PSYCHOLOGICAL VARIABLES BETWEEN MALE ROWING PLAYERS

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### ABSTRACT

*The aim of this study was to determine the level of self-acceptance between male rowing players. To obtain data, the investigator had selected Thirty (N=30) Intercollege and Interuniversity male rowing players. The subjects were purposively assigned into two groups: Intercollege male rowing players (n<sub>1</sub>=15) and Interuniversity male rowing players (n<sub>2</sub>=15). To measure the level of Self-Acceptance among subjects, Self-Acceptance Battery by S.B. Kakkar (1984) was administered to measure the level of Self-Acceptance of the students. To determine the significant differences of Self-Acceptance in male Intercollege and Interuniversity male rowing players, unpaired t-test was employed for data analyses. To test the hypothesis, the level of significance was set at 0.05. In a nutshell it can be said that from the findings that significant differences were found between male Intercollege and Interuniversity male rowing players on the variable Self-Acceptance.*

**KEYWORDS:** *Self-Acceptance, Intercollege and Interuniversity, rowing players.*

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### INTRODUCTION:

Psychological variables are universally acknowledged as being foremost provider to generous success in sports J. Singh and S. Singh (2011). Self-acceptance is an attitude or relationship in which an individual feels a sense of personal worth an individual's sense of full reconciliation with or acceptance of his own worth. The very fact that we can think about these things separates us from them and from the animal worlds. Self-awareness enables us to stand apart and examine even the way we see ourselves the most fundamental paradigm of effectiveness. So many Scientific studies evidence shows that mere participation in sports can prove to be psychological asset and also further helpful in lifelong activities regardless of whether the participation has been Competition oriented (Matsumoto & Konno, 2005). While considering the paramount importance of psychological variables with regard to combat sports the investigators focused to analyze the major role of Self-Acceptance Between male Intercollege and Interuniversity, rowing players.

**METHOD AND PROCEDURE:**

To obtain data, the investigator had selected Thirty (N=30) Intercollege and Interuniversity male rowing players. The subjects were purposively assigned into two groups: Intercollege male rowing players ( $n_1=15$ ) and Interuniversity male rowing players ( $n_2=15$ ).

**TOOLS**

To measure the level of Self-Acceptance among subjects, Self-Acceptance Battery by S.B. Kakkar (1984) was administered to measure the level of Self-Acceptance of the students.

**STATISTICAL ANALYSIS:**

To determine the significant differences of Self-Acceptance in male Intercollege and Interuniversity male rowing players, unpaired t-test was employed for data analyses. To test the hypothesis, the level of significance was set at 0.05.

**RESULTS:**

Table-1: Significant differences in the Mean scores of male Intercollege and Interuniversity male rowing players on the variable Self-Acceptance.

Variables	Intercollege Rowing Players =15		Interuniversity Rowing Players =15		t- value	Sig.
	Mean	SD	Mean	SD		
Self-Acceptance	82.56	8.34	83.75	9.64	8.30	0.03

**SELF-ACCEPTANCE:**

A glance at table-1 shows the results of male Intercollege and Interuniversity male rowing players, on the variable Self-Acceptance. The descriptive statistics shows the Mean and SD values of male Intercollege Rowing Players as 82.56 and 8.34 respectively. However, Interuniversity Rowing Players had Mean and SD values as 83.75 and 9.64 respectively. The  $t^2$ -value 8.30 as shown in the table above was found statistically significant ( $P<0.05$ ). It has been observed from the above results that Interuniversity Rowing Players has demonstrated significantly better on Self-Acceptance than the Intercollege Rowing Players.

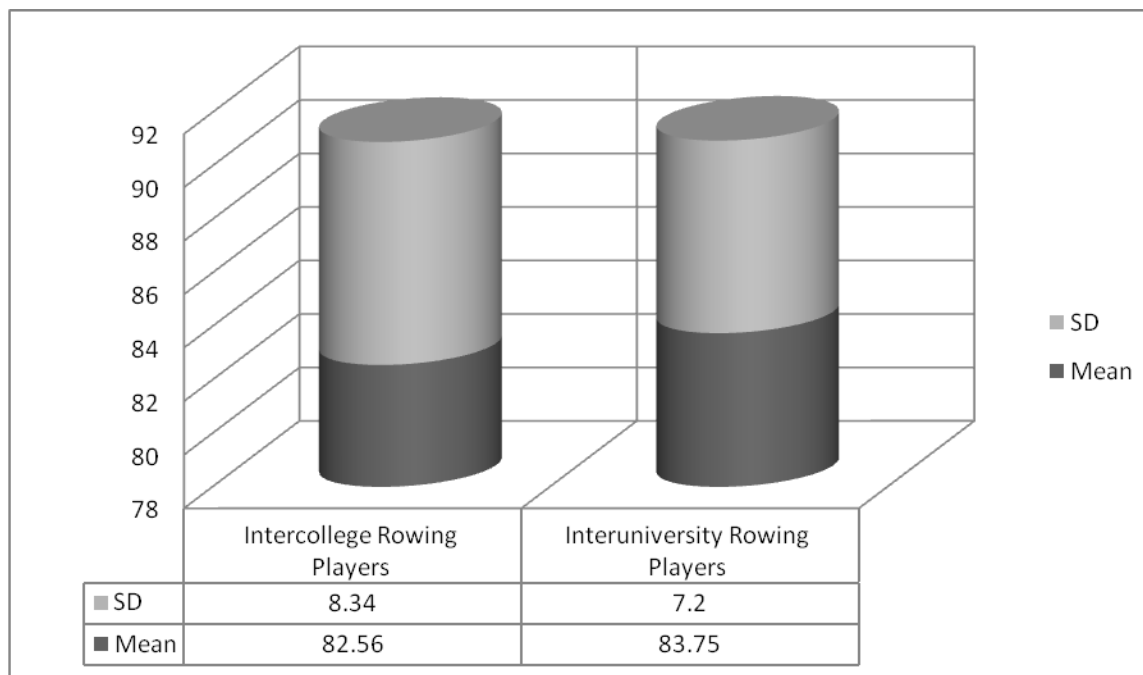


Figure-1: Mean & SD scores of male Intercollege and Interuniversity male rowing players on the variable Self-Acceptance.

#### CONCLUSION:

In a nutshell it can be said that from the findings that significant differences were found between male and female inter-college level Badminton players on the variable Self-Acceptance.

#### REFERENCES

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